

**BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND  
MANAGEMENT STUDIES, POWAI  
NAAC ACCREDITED 'A' GRADE**

**Student Enrichment Activity Approval Form**

Studies, Bunts Sangha's  
S.M. Shetty College of Science, Commerce & Management Powai.

Student Enrichment Activity Approval Form 2018-19

Department: WDC

Program: Self Defense Certification course. [Ghatkopar]

Objectives: To create a safe working environment  
for female employees and students

Need: To Train students as 'self defense program'  
and provide certificate for the same.


Content: WDC team members along with 61 students  
visited to Anam Vaidya Maidan, Ghatkopar  
and conducted self defense program along with  
certification courses.


Resource Person: Anam Ashok Dethu

Date: 20-12-18 Time: 04:30-10:00 Venue: Ghatkopar [Anam  
Vaidya Maidan]

Cost/Budget: —

Proposed by: WDC Team

Verified by: 



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Minutes of the meeting

08/12/18.

'Self Defense Program'

Resource Person. ~~Prof~~ Anup Ashok Dethe.  
Date:- 11/12/18 8:00am. on the 7th floor  
20/12/18 07:30-10:am. Ghatkopar.  
(Arun Vaidya.  
Maidan).

Work allocation.

- 1) Registration - Prof Himain
- 2) Co-ordination - Prof. Kalpana
- 3) Procurement - Prof. Nabila
- 4) Refreshment - Prof. Harid



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**Notice**

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IMC RBNQ CERTIFICATE OF MERIT 2019  
ISO 21001:2018 CERTIFIED

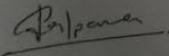
Notice

20/12/18

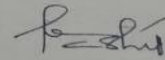
WDC is organising a self defense training camp on 20th Dec, 2018.

Students who wish to participate register yourself with the WDC members. Camp will be held at Aron Kumar maidan, Ghatkoper.

Maximum participation expected from all the girls of SMA shetty college.



Asst. Prof. Kalpana  
WDC In-Charge



Dr Sridhara Shetty  
Principal

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**Report**

Bunts Sangha's  
S.M.Shetty College of Science, Commerce and Management Studies, Powai

**WDC**

**Objective:**

To create a safe working environment for the female employees and students and also to foster the concept of gender equality amongst the present generation.

**Report: SELF DEFENSE TRAINING FOR COLLEGE GIRLS**

A self defense training camp was held on 20th December, 2018 for more than 200 girls (61 girls participated from S.M.Shetty College) at Arun Kumar Vaidya maidan, Ghatkoper. This event was an initiative taken by Akhil Bhartiya Vidhyarthi Parishad and was organized in the light of Mission Shahsi. The resource person of the camp was Mr Ashok Dethe who is a 5th Dan Black Belt in [KAI] and 4th Dan Black Belt [Japan].

Mr. Ashok explained the meaning of self defense and its importance. He emphasized on the Statement 'jaan pyaari ya izzat' and explained the importance of life over reputation. He also focused on the need for awareness, boldness, creativity, dynamic tactics and escape & rescue. He divided the tactics in 5 different parts and explained each one of them by selecting a group of volunteers from SNTD College. The girls were brave and performed various tasks such as breaking of tiles and tube lights. Girls were given tips on how to convert body weight against the attacker-body mechanics.

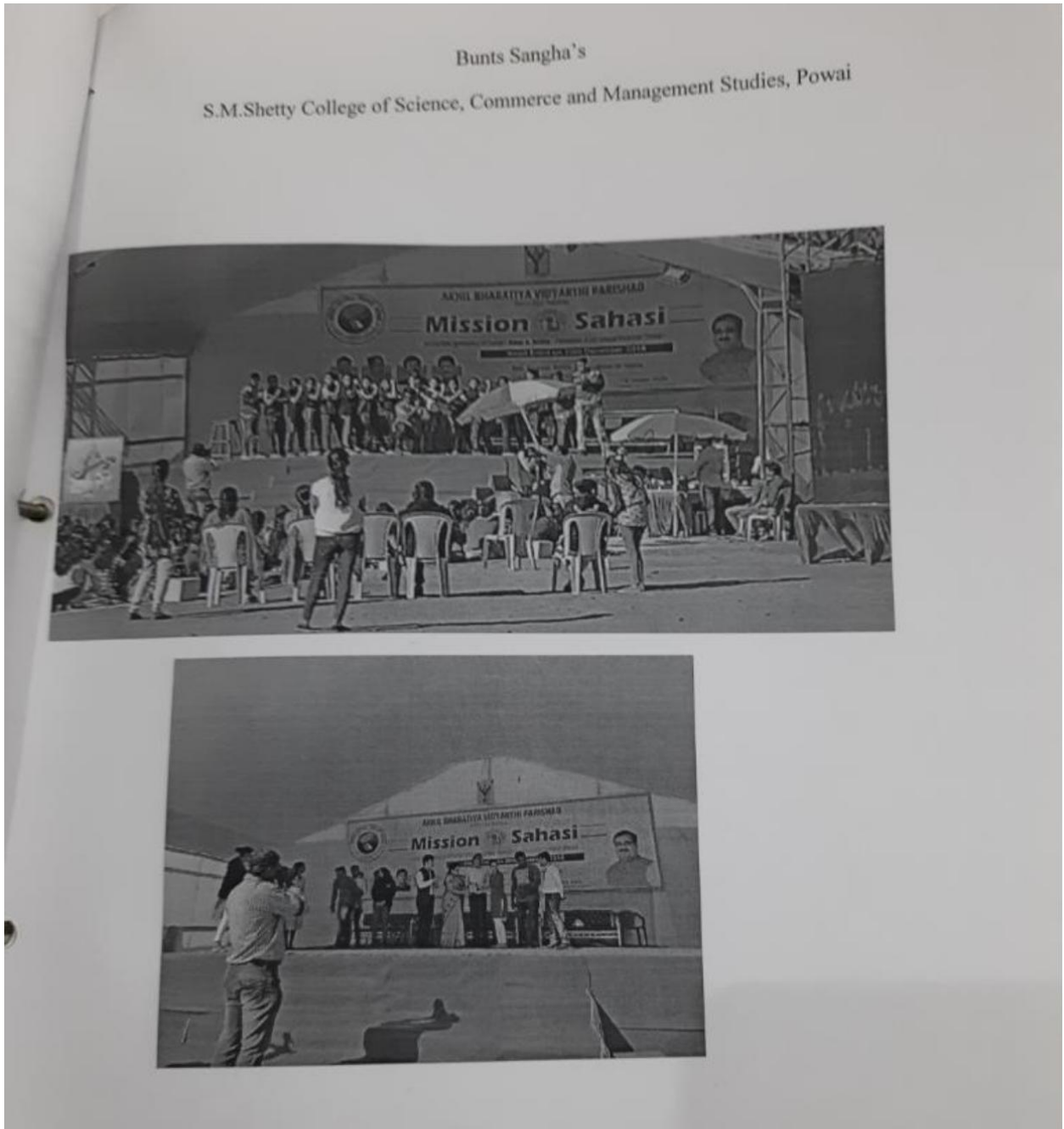
After the physical session the host asked the guest of honors to come up on the stage and felicitated them. CA Shankar Shetty explained the need to self defense training in every college, followed by other guest of honors. Teacher in charge of various colleges were given memento and certificates for their active participation. The programme came to an end with breakfast for everyone.

**Members:**

- Prof.Kalpana Rai Menon (In-Charge)
- Prof.Himani Shukla
- Prof.Nabila Kazi
- Prof. Hamid Khan

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**Photos**



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**Attendance**

Bunt Sangha's  
S.M.Shetty College of Science, Commerce And Management Studies, Powai.  
WDC  
Date: 20-12-2018

Event: Self Defence Training Camp(Ghatkopar)

Sr. No	Name	Class	Contact	Sign
1	Jabern Shaikh	FY BBI	8169779455	Shaikh
2	Madhan Singh	FYBBI	7400372643	Madhan
3	Neema Jadhav	FYBAF	9869701792	Neema
4	Khan Nabeen	FYBAF	7997652832	Khan
5	Kanya Shetty	SYBS&IT	919167213742	Kanya
6	Sheetal Duvadiga	SYBS&IT	9930909835	Sheetal
7	Aditi Maje	SYBcom	9920793272	Aditi
8	Karen Ribeiro	FYBMS	8850023051	Karen
9	Divya Shrivastava	FYBMM	9082412637	Divya
10	Syama Shaikh	FYBMM		Syama
11	Divya Munde	FYBYM	7400145702	Divya
12	Ananya Halder	FYBMM	7506017486	Ananya
13	Shah Nasreen	SYB.com	8108533701	Nasreen
14	Adilg Mohd Qaisar	SYB.com	9702638042	Adilg
15	Manisha Boke	TYBAF	8779360813	Manisha
16	Sonal V. Kadam	TYBAF	2718982475	Sonal
17	Khazi Haliya	FYBBI	9867458964	Khazi
18	Arijati Gupta	TYBcom	9967317103	Arijati
19	Aditi Salian	TYBcom	9967339489	Aditi
20	Neha Dubey	TYBcom	7506609501	Neha
21	Rakshanda Ghogre	TYBcom	8422002388	Rakshanda
22	Sushmita Acharya	TYBcom	9892050616	Sushmita
23	Shakha Firoheen	SYBcom	7506671235	Shakha
24	Khan Afreen	SYBcom	9967257152	Khan
25	Choudhary Afsana	S.Y.B.com	992005634	Afsana
26	Choudhary Sayada	S.Y.B.com	8655500247	Sayada
27	Shaikh Asma	S.Y.B.com	9702829489	Shaikh
28	Sonal Jagtap	S.Y.B.com	9594527390	Sonal
29	Dharmra Gajapati J.	SYBBI	9867854594	Dharmra
30	JHA AMPRITA K.	SYBBI	7977108249	Amprita
31	Diya S. Sharma	SYBBI	8248527857	Diya
32	Supriya S. Patil	SYBBI	9082458996	Supriya
33	Karuna C. Sawant	SYBBI	9819903084	Karuna
34	Bharti Mh	SYSP	9730799809	Bharti

Sr. No	Name	Class	Contact	Sign
25	SNEHA TRIPATHI	SYBAF	9387509144	[Signature]
26	Kiruthika Nadar	SYBMS	9167916892	[Signature]
27	Mubeena Bhalke	SYIT(B)	9136373385	[Signature]
28	Amandeep Kaur	SYBOM 'A'	8825168628	[Signature]
29	Pratiksha Chauda	SYBOM 'A'	9137358421	[Signature]
30	Jyoti Upadhyay	FYBBI	9619803886	[Signature]
31	Rishavara Panjapat	FYBBI	7045414429	[Signature]
32	Jyoti Upadhyay	FYBBI	9699832096	[Signature]
33	Jyoti Upadhyay	FYBBI	9326273978	[Signature]
34	FARHEEN KAZI	FYBBI	8097367233	[Signature]
35	SANIYA KHAN	FYBBI	7738217790	[Signature]
36	Khan Saniya	FYBBI	8169949166	[Signature]
37	Kodhi Sapna	FYBBI	9867916567	[Signature]
38	Murazza Sayyad	FYBMS-A	9967082301	[Signature]
39	Nidhi Sawant	FYBMS-A	8179387662	[Signature]
40	Urushali Bhosale	FYBcomA	7720032928	[Signature]
41	Kareena Panwar	FYBcomA	9819462344	[Signature]
42	Mizba Shaikh	FYBMS B	99137926138	[Signature]
43	Tarandaz Alpna	FYBMS A	7715077318	[Signature]
44	Fiza Sayyad	FYBMSB	9619614460	[Signature]
45	Rabiya Ichan	FYBMSB	8692932640	[Signature]
46	Kozpu macha	FYBMSB	8928232181	[Signature]
47	Rishwana Nadar	FYBcom A	8425051240	[Signature]
48	Chaudhary Sadaf	S.Y.B.com A	9769447253	[Signature]
49	Shah Zoafadani	S.Y.B.com B	9594181497	[Signature]
50	Ananya Kothiyayan	FYBMS	7715800264	[Signature]
51	At Rashi Shetty	SYBMM	9146516022	[Signature]

WDC Convener

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Certificate

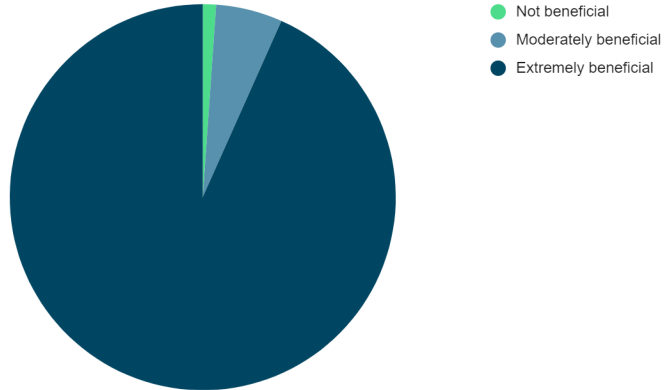




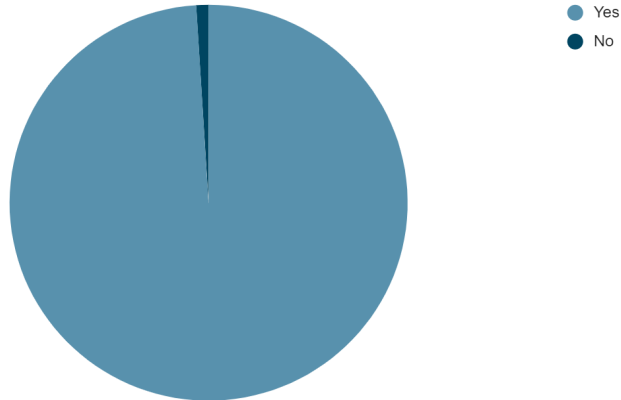
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**Feedback**

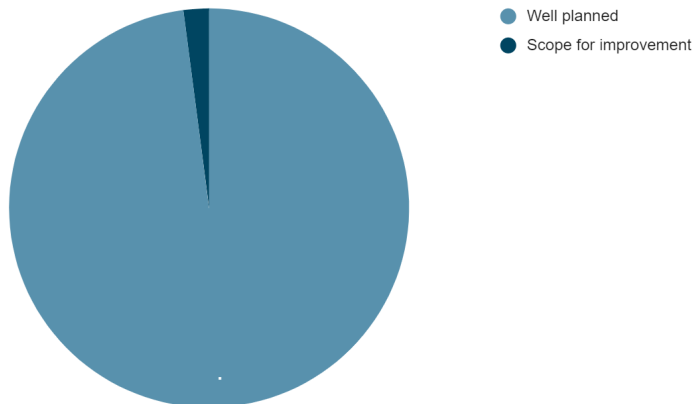
How would you rate the overall program?



Were the necessary resources provided?



How was the management of the event?



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**Action Taken Report**

<b>DATE</b>	<b>Feedback Received</b>	<b>Action Taken</b>
	<ul style="list-style-type: none"><li>● Overall, the participants gave a positive review.</li></ul>	<ul style="list-style-type: none"><li>● The WDC will continue working for the upliftment of women in society through educating and empowering the girl students.</li></ul>